



WENDY WU TOURS

Suggested Packing List

THE SILK ROAD

March, April and May (Spring)

You will be travelling over a vast distance, from temperate areas near the east coast to high mountains and desert; you need to consider your packing carefully. Northwest China has a desert climate, which means that temperatures can be high during the day while dropping dramatically at night. Generally, drip dry clothes are recommended for your holiday. Loose fitting, lightweight cotton materials are the most comfortable for hot weather, while layers of warmer clothes are recommended for any cooler evenings.

Xiahe is also located at an altitude of 3,100ms, high in the mountains and can be extremely cold and damp at any time of year. During Spring the temperature is milder but overnight has been known to drop to freezing. So you will likely need some warm and waterproof/windproof clothing for 2 days in Xiahe.

The dress code throughout the tour is casual and comfortable. Smart casual clothes are highly recommended for evening banquets and shows. Please refer to the sections below in Your Travel Guide:

HOTELS - details the laundry service and facilities,

WHAT TO PACK - has advice about choosing your luggage,

TRAVEL WITH CONSIDERATION - explains how to dress appropriately for this region's culture.

| These are averages! | March | | | April | | | May | | |
|---------------------|-----------------|----------|-------------|-----------------|----------|-------------|-----------------|----------|-------------|
| | Temp °C min/max | Humidity | Rainfall mm | Temp °C min/max | Humidity | Rainfall mm | Temp °C min/max | Humidity | Rainfall mm |
| Beijing | -1/11 | LOW | 8 | 7/21 | MED | 17 | 13/27 | MED | 35 |
| Xian | 2/14 | LOW | 30 | 8/21 | LOW | 50 | 13/25 | MED | 65 |
| Xiahe | -5/11 | LOW | 20 | 1/11 | LOW | 20 | 5/21 | MED | 40 |
| Dunhuang | -4/14 | LOW | 5 | 3/22 | LOW | 5 | 8/28 | MED | 5 |
| Turpan | -11/-1 | LOW | 13 | 2/16 | LOW | 38 | 8/22 | MED | 28 |
| Kashgar | 2/13 | LOW | 13 | 9/22 | LOW | 5 | 14/27 | MED | 8 |

Here is an example of a packing list for this time of year:

- main luggage**
- 'daypack'** - a smaller bag to carry with you during the day
- luggage padlocks**
- money belt** to carry passport, cash, travellers' cheques, credit cards, airline tickets, etc
- trousers** (or long skirts for women)
- shirts or long-sleeved tops**
- walking shoes and socks** – it is important to have sturdy and comfortable shoes for sightseeing every day
- sun protection** – hat, sunscreen and lip balm
- personal medical kit** – refer to Your Travel Guide
- antibacterial wipes** – wipes such as 'Wet Ones' to clean hands before eating
- tracksuit/similar outfit** of soft material is recommended if your tour involves an overnight train journey
- rain/wind jacket** for Xiahe
- layers of thermals or light jumpers** are great for drop in temperature in the evenings
- warm socks, scarf and gloves** for Xiahe
- 'modesty shawl'** or sarong to wear in Muslim or conservative areas (for women)
- conversion plug**
- spare glasses** – it is difficult to get any prescription lenses repaired or replaced in China
- snacks** – tea/coffee bags, milk powder or sachets, instant soups or noodles, drinking chocolate, muesli, energy or snack bars, vegemite or anything else you can't live without!

This packing list has been compiled from suggestions by our previous passengers and our staff in India – it is a guide only.

Wendy Wu Tours recommends you check recent weather conditions before your departure.

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Suggested Packing List

THE SILK ROAD

June, July and August (Summer)

You will be travelling over a vast distance, from temperate areas near the east coast to high mountains and desert; you need to consider your packing carefully. Northwest China has a desert climate – with higher temperatures that drop at night-time. The hottest places are Turpan and Kashgar, which can reach the high 30s°C during the day. Xiahe is also located at an altitude of 3,100ms, high in the mountains and can be cold and damp at any time of year. At the warmest time of year (August) temperatures can reach 20°C but can drop to 5°C in the evening.

Generally, drip dry clothes are recommended for your holiday. Loose fitting, lightweight cotton materials are the most comfortable for humid weather and strong sun at this time of year. You will be likely to need some warmer clothes for chillier desert evenings and rain/wind protection for 2 days in Xiahe.

The dress code throughout the tour is casual and comfortable. Smart casual clothes are highly recommended for evening banquets and shows. Please refer to the sections below in Your Travel Guide:

HOTELS - details the laundry service and facilities,

WHAT TO PACK - has advice about choosing your luggage,

TRAVEL WITH CONSIDERATION - explains how to dress appropriately for this region's culture.

| These are averages! | June | | | July | | | August | | |
|---------------------|-----------------|----------|-------------|-----------------|----------|-------------|-----------------|----------|-------------|
| | Temp °C min/max | Humidity | Rainfall mm | Temp °C min/max | Humidity | Rainfall mm | Temp °C min/max | Humidity | Rainfall mm |
| Beijing | 18/31 | HIGH | 78 | 21/31 | HIGH | 243 | 20/30 | HIGH | 141 |
| Xian | 18/33 | MED | 50 | 21/33 | HIGH | 90 | 20/33 | HIGH | 23 |
| Xiahe | 8/24 | MED | 50 | 11/26 | HIGH | 80 | 10/20 | HIGH | 80 |
| Dunhuang | 13/32 | MED | 5 | 15/34 | HIGH | 15 | 14/33 | HIGH | 10 |
| Turpan | 12/26 | MED | 38 | 14/28 | HIGH | 18 | 13/27 | HIGH | 25 |
| Kashgar | 18/32 | MED | 5 | 20/33 | HIGH | 10 | 19/32 | HIGH | 8 |

Here is an example of a packing list for this time of year:

- main luggage**
- 'daypack'** - a smaller bag to carry with you during the day
- luggage padlocks**
- money belt** to carry passport, cash, travellers' cheques, credit cards, airline tickets, etc
- trousers** (or long skirts for women) in light cotton material
- shirts or long-sleeved tops** in light cotton material
- walking shoes and socks** – it is important to have sturdy and comfortable shoes for sightseeing every day
- sun protection** – hat, sunscreen and lip balm
- personal medical kit** – refer to Your Travel Guide
- antibacterial wipes** – wipes such as 'Wet Ones' to clean hands before eating
- tracksuit/similar outfit** of soft material is recommended if your tour involves an overnight train journey
- rain/wind jacket** for Xiahe
- thermals or light jumpers** are great for drop in temperature in the evenings
- warm socks, scarf and gloves** for Xiahe
- 'modesty shawl'** or sarong to wear in Muslim or conservative areas (for women)
- conversion plug**
- spare glasses** – it is difficult to get any prescription lenses repaired or replaced in China
- snacks** – tea/coffee bags, milk powder or sachets, instant soups or noodles, drinking chocolate, muesli, energy or snack bars, vegemite or anything else you can't live without!

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WENDY WU TOURS

Suggested Packing List

THE SILK ROAD

September, October and November (Autumn)

You will be travelling over a vast distance, from temperate areas near the east coast to high mountains and desert; you need to consider your packing carefully. Northwest China has a desert climate, which means that temperatures can be high during the day while dropping dramatically at night. Generally, drip dry clothes are recommended for your holiday. Loose fitting, lightweight cotton materials are the most comfortable for hot weather, while layers of warmer clothes are recommended for any cooler evenings.

Xiahe is also located at an altitude of 3,100ms, high in the mountains and can be extremely cold and damp at any time of year. During Autumn the temperature is milder but overnight often drops to freezing. Make sure that you have some warm and waterproof/windproof clothing for 2 days in Xiahe.

The dress code throughout the tour is casual and comfortable. Smart casual clothes are highly recommended for evening banquets and shows. Please refer to the sections below in Your Travel Guide:

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WHAT TO PACK - has advice about choosing your luggage,

TRAVEL WITH CONSIDERATION - explains how to dress appropriately for this region's culture.

| These are averages! | September | | | October | | | November | | |
|---------------------|-----------------|----------|-------------|-----------------|----------|-------------|-----------------|----------|-------------|
| | Temp °C min/max | Humidity | Rainfall mm | Temp °C min/max | Humidity | Rainfall mm | Temp °C min/max | Humidity | Rainfall mm |
| Beijing | 14/26 | MED | 58 | 6/20 | MED | 16 | -2/9 | MED | 11 |
| Xian | 15/25 | MED | 105 | 9/19 | MED | 55 | 2/12 | LOW | 20 |
| Xiahe | 6/25 | MED | 80 | 1/15 | MED | 20 | -7/8 | LOW | 5 |
| Dunhuang | 7/28 | MED | 5 | 1/20 | MED | 5 | -7/9 | LOW | 5 |
| Turpan | 8/21 | MED | 15 | 4/10 | MED | 43 | -4/10 | LOW | 41 |
| Kashgar | 14/28 | MED | 3 | 6/22 | MED | 3 | -2/12 | MED | 5 |

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