



WENDY WU TOURS Pty Ltd

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SUGGESTED PACKING LIST for the Epic Dreams

Averages only!	May/June			August/September		
	Temp °C min/max	Humidity	Rainfall mm	Temp °C min/max	Humidity	Rainfall mm
GUANGZHOU	24/30	HIGH	250	25/33	HIGH	210
URUMQI	8/26	MED	28	8/27	MED	25
KASHGAR	14/27	MED	8	14/28	HIGH	8
MT. EVEREST	0/17	LOW	Snow	2/17	MED	Snow
LHASA	7 / 21	MED	64	7/22	HIGH	89
CHENGDU	17/29	HIGH	115	18/30	HIGH	245

This tour's departures coincide with the most favourable weather in Tibet, when there is minimal rainfall to hopefully ensure the best road conditions possible. The Tibetan plateau experiences a greater range of temperatures than the other regions of China, so you will need to consider your packing carefully. No matter what time of year, or how warm the average temperature is, sudden and unpredictable drops in temperature, snow or storms can hit on the mountain passes. There is some rain from July to September, and virtually none over the remainder of the year. The sun is also much stronger at high altitude so you can be sunburnt more quickly. You will need to bring clothing that is suitable for strong sun exposure and warmer temperatures, as well as water/windproof clothing for the possible freezing conditions.

Generally, dark coloured, drip-dry clothes are recommended (loose fitting, lightweight cotton materials are the most comfortable), while layers of warmer clothes are advised for cold conditions. The dress code throughout the tour is casual and comfortable. Please also refer to the TRAVEL WITH CONSIDERATION section of Your Travel Guide and your Tour Dossier.

Here is an example of a packing list for this itinerary:

- Main luggage** and a “**daypack**” – please refer to your Tour Dossier before choosing your luggage.
- luggage padlocks**
- money belt** to carry passport, cash, travellers' cheques, credit cards, airline tickets, etc
- trousers** (or long skirts for women)
- shirts or long-sleeved tops** loose fitting and cotton is most practical
- walking shoes and socks** – it is important to have sturdy and comfortable shoes for sightseeing every day
- sun protection** – hat, sunscreen, sunglasses and lip balm
- personal medical kit** – refer to Your Travel Guide
- antibacterial wipes** – wipes such as ‘Wet Ones Anti-bacterial’ to clean hands before eating
- a warm water/windproof jacket**
- light jumpers or thermals** are great for layering, **gloves and scarf**
- a ‘modesty shawl’** or sarong to wear in conservative areas (for women)
- torch, conversion plug and spare batteries** – batteries available to buy in China tend to be unreliable
- camera and spare film** – film available to buy in China tends to be bad quality or sun damaged
- spare glasses** – it is difficult to get any prescription lenses repaired or replaced in China
- snacks** – tea/coffee bags, milk powder or sachets, instant soups or noodles, drinking chocolate, muesli, energy or snack bars, vegemite or anything else you can't live without!
- Scarf or bandana** – useful to protect your face against dusty winds at high altitude
- ‘sleep sheet’ or sleeping bag** – at remote accommodations linen is provided but not always clean so bringing a ‘sleep sheet’ insert is a great idea. If you already have a compact and lightweight sleeping bag you could also bring that.
- Small bath towel** – just in case remote accommodations don't have them

This packing list has been compiled from suggestions by our previous passengers and our staff in China & Tibet – it is a guide only.

Wendy Wu Tours recommends you check recent weather conditions before your departure.

For updated pre-departure information, news about China & Tibet and more – go to our website at www.wendywutours.com.au