



Best of Japan

Classic Tour | 18 Days | Physical Level 1 TOKYO – HAKONE - NAGANO - TAKAYAMA - KANAZAWA - KYOTO – HIROSHIMA – OSAKA

This tour is the perfect introduction to fascinating Japan, where skyscrapers give way to paddy fields and crowds disperse into the tranquility of classical gardens.

- Discover the delights of futuristic Tokyo
- Admire breathtaking Mount Fuji
- Experience the speedy bullet train
- Explore Kanazawa & Takayama
- Search for the snow monkeys
- Take time to reflect in Hiroshima & Miyajima
- Explore the vibrant city of Osaka



TOUR MAP



BEST OF JAPAN TOUR INCLUSIONS:

- Return international economy flights, taxes and current fuel surcharges (unless a land only option is selected)
- All accommodation
- All meals (From Dinner on day 1 to breakfast on the last day)
- All sightseeing and entrance fees
- All transportation and transfers
- English speaking National Escorts
- Specialist advice from our experienced travel consultants
- Comprehensive travel guides
- Safe and secure with IATA

The only thing you may have to pay for are personal expenditure e.g. drinks, optional excursions or shows, insurance of any kind, customary tipping, early check in or late check out and other items not specified on the itinerary.

CLASSIC TOURS:

See the classic sights in the company of expert guides so you can really understand the history and culture of the destination. On our classic tours we take care of everything, leaving you to sit back and enjoy the experience to the full. The tours are fully inclusive with all meals and a comprehensive touring programme.



PHYSICAL LEVEL 1:

All our tours feature a physical rating to help you select the right holiday for you. To travel on any of our tours requires unaided mobility and the ability to stroll around the sights.

'Best of Japan' is rated as a physical level 1 tour. A reasonable level of fitness is required but it's more about spending time on your feet rather than covering large distances. You'll be getting on and off coaches and boats, walking around the sights and climbing some steps.

• On several days, there will be sightseeing on foot for extended periods of time, often involving steps or uneven ground

• You will be required to get on and off various sizes of boat without assistance

Of course, our National Escort will always endeavour to provide the highest level of service and assistance; however, they cannot be expected to cater for customers who are unfit to complete the itinerary.

JOINING YOUR TOUR:

The tour is 18 days in duration including overnight international flights in both directions as this is the most likely flight option from New Zealand. Please note, some flights may depart and arrive on Day 2.

Travellers booked on 'Land Only', the price includes your arrival/departure airport transfers if arriving/departing on the start and conclusion date of your tour, or when booking pre and post night accommodation with Wendy Wu Tours. Please email your international flight times to so we can <u>wendywutours.co.nz</u> arrange your transfers accordingly.

Please advise your international flight times to reservations. Join the tour on Day 2 in Tokyo (arrive into either Tokyo Narita or Tokyo Haneda airport) and end the tour on Day 17 in Osaka (departures from either Osaka Kansai or Osaka Itami airport). Please refer to your final itinerary for more specific meeting instructions pertaining to your departure.

An informal Welcome Dinner will be held on Day 2 of the itinerary. If you miss this due to your arrival time, all information will be provided to you at breakfast the following morning.

ITINERARY CHANGES:

It's our intention to adhere to the day-to-day itinerary as printed; however, the order of events or sightseeing may change as we look to improve our tours or as local conditions dictate. In these circumstances we'll make the best possible arrangements maintaining the integrity of your trip.



DETAILED ITINERARY

Day 1-2 Tokyo

Arrive in the ultimate 24-hour city of Tokyo, Japan's current capital. On arrival, you will be met by an English-speaking representative and transfer approximately 1 and a half hours to your hotel.

There will be Japanese Bento waiting for you at the hotel!

Please note: Early check-in is not included. If your flight arrives in the morning and you wish to arrange this, please speak to your reservation's consultant. You will be transferred by shared coach with other passengers who are not part of a Wendy Wu Tour. If you are on a shared bus transfer, you may have to walk for a few minutes to get to your hotel. Transfers will differ depending on group

minutes to get to your hotel. Transfers will differ depending on group size.

Destination Information

Tokyo – One of the world's most cutting-edge capital cities, Tokyo is a city of contrasts, famous for its neon lit landscape, towering skyscrapers, peaceful shrines and lovingly tended gardens. Although long the political and cultural centre of Japan, Tokyo became the official capital when the Meiji Emperor moved it to Tokyo in 1867.

Day 3: Discover Tokyo

Tokyo is the ultimate 24-hour city, but look behind its frantic, hightech frontage and you'll find plenty of tranquil backstreets and old temples to explore; today take a tour by coach of this fascinating city. Begin your full day tour of Tokyo starting with a stroll through the Imperial Palace East Garden (you will not enter the palace itself). Next, continue to the Meiji Shrine, dedicated to the Emperor and his wife. Enter through the 12-meter-high tori gate, where you will need to wash your hands as part of the cleansing ritual before entering. After lunch, head to the fashionable district of Shibuya and walk on the world's most famous pedestrian crossing. Enjoy

some free time, before transferring to the pier for your dinner cruise on Tokyo Bay onboard a traditional yakata boat. You will be on your feet for approximately 4-5 hours during your touring in Tokyo. You will need to get on and off your boat this evening without assistance.

Destination Information

Imperial Palace East Gardens – The Imperial Palace East Gardens are part of the Imperial Palace, the main residence of the Emperor of Japan and the former site of Edo Castle.





Meals: D



Meiji Shrine – Meiji Shrine is a Shinto shrine dedicated to the Emperor Meiji and his wife Empress Shoken. The shrine is located in an evergreen forest within in the busy city and consists of 120,000 trees which were donated by people from all over Japan when the shrine was established.

Shibuya District – Shibuya is extremely popular with Tokyo's youth culture and is one of the most famous shopping and entertainment locations in Tokyo. The district is teeming with funky and subversive fashion, and home to the world's most famous crossing

Day 4: Tokyo

Begin the day with a leisurely stroll through the district of Asakusa for an opportunity to pick up some souvenirs on Nakamise Shopping Street and visit Sensoji Temple. Due to the limited coach parking, you may need to walk around 15 minutes on flat road. After lunch, head to the 1st observatory of the 634-meter-high Tokyo Skytree for panoramic views over the city. You will be on your feet for approximately 3-4 hours during your touring in Tokyo.



Destination Information

Asakusa – Asakusa is the centre of Tokyo's Shitamachi (Old Town) District, where you can get a glimpse of historical Tokyo.

Senso-ji Temple – Sensoji Temple is an ancient Buddhist Temple and the oldest in Tokyo. The temple was originally founded in the 7th century. The temple adorns an image of the Buddhist Goddess Kannon, who was said to have been rescued by two fishermen from the Sumida River in Tokyo.

Tokyo Skytree – The tallest structure in Japan and the tallest tower in the world, Tokyo Skytree is predominantly a television and radio broadcast tower and is earthquake resistant.

Day 5: Tokyo – Hakone – Mt Fuji

This morning, transfer to Hakone, a drive of around 2 hours. Throughout today you will have a chance to take a glimpse at this awe-inspiring Mt. Fuji (weather permitting). Upon arrival, enjoy a boat ride onboard a pirate ship and set sale across the peaceful waters of Lake Ashi. After lunch, take the Hakone Ropeway (cable car) from Togendai Station and soar over the hilltops to the volcanic Owakudani Valley. You will be on your feet for approximately 2-3 hours today.

Please note, if Hakone Ropeway and Owakudani Valley is closed due to volcanic activity, you will visit Hakone Shrine and take the Komagatake Ropeway instead







Destination Information

Mt Fuji – At 3,776m, Mount Fuji is the highest of Japan's mountains and an iconic symbol of the country. Mount Fuji is notoriously shy and is often enveloped by clouds.

Lake Ashi – Formed after Mount Hakone's last eruption 3000 years ago, Lake Ashi is the symbol of Hakone and on a clear day offers spectacular views of Mount Fuji in the distance.

Hakone Ropeway – The Hakone Ropeway allows visitors to take in spectacular views of the crystal-clear blue waters of Lake Ashi, the rising volcanic fumes of Owakudani and the grandeur of Mount Fuji on a fine, sunny day.

Day 6: Mt Fuji - Nagano

Meals: B, L, D

Head up Fuji's 5th Station for spectacular mountain vistas, please note it is only possible to reach the 5th station if weather permits. If the 5th Station is closed, the Fuji San World Heritage Centre (formerly Fuji Visitor Centre) will be visited instead. Also visit Itchiku Kubota Art Museum to view the elaborate dyed silk creations of artist Kubota Itchiku. Continue by road to Nagano, a journey of 2.5 hours. You will be on your feet for approximately 2-3 hours today.



Destination Information

Fuji Five Lakes – Formed by previous Mount Fuji eruptions, the Fuji Five Lakes is a region at the base of Mount Fuji made up of five beautiful lakes.

Mt Fuji – At 3,776m, Mount Fuji is the highest of Japan's mountains and an iconic symbol of the country. Mount Fuji is notoriously shy and is often enveloped by clouds.

Itchiku Kubota Art Museum – Kubota Itchiku revived the lost art of Tsujigahana silk dyeing, used to decorate elaborate kimono during the Muromachi Period (1333-1573). The museum exhibits several of his kimono creations, while the extensive gardens, designed by Kubota Itchiku himself, are also worth a stroll.

Nagano – The host city of the 1998 Winter Olympics, Nagano is the main access point for the Japanese Alps.



Day 7: Nagano

Travel deeper into the Japanese Alps to the town of Yudanaka. Upon arrival, take a light hike of around 30 minutes through the forested valley along paths, occasionally on an incline to reach the Jigokudani Yaen-Koen Monkey Park. Here, if you are lucky you will see the infamous macques (snow monkeys) bathing in the natural hot springs. Accustomed to humans, the monkeys can be observed up-close, and they almost completely ignore their human guests. Please keep in mind that the snow monkeys are wild, not domestic animals and sighting them is never guaranteed, particularly during the breeding season which runs from late September through to November. Also visit the 7th-century Zenkoji Temple, one of Japan's most prolific Buddhist temples. You will be on your feet



for approximately 3-4 hours today. Return to Nagano.

Remark: Please wear comfortable clothes, since there will be some light hiking/walking up to the monkey park.

Destination Information

Jigokudani Yaen-Koen – Home to Japanese Macaques, also known as Snow Monkeys, Jigokudani literally means 'hell's valley'. It is named this because of the steam and boiling water that bubbles out of small crevices in the ground. It is in the baths of this hot water that the resident Japanese Macaques like to soak. The monkeys live in large social groups, and it can be quite entertaining to watch their interactions.

Zenkoji Temple – Built in the 7th Century, Zenkoji stores what many believe to be the first Buddhist statue brought to Japan. Zenkoji's main hall has a tunnel in its basement where visitors try to find and touch the 'key to paradise' in complete darkness. The key is attached to the wall and grants enlightenment to anybody who touches it.

Day 8: Explore Matsumoto

Meals: B, L, D

Begin the day with a visit to the Daio Wasabi Farm to learn about its cultivation as well as tour the farm by boat. Next, spend some time in the Ishii Miso House to learn more about world-famous Japanese seasoning, a staple in all Japanese household. End the day at the formidable 16th-century Matsumoto Castle, also known as 'Crow Castle', due to its intense black exterior. You will have to remove your shoes before walking along some of the wooden floors and there are some steep wooden steps to reach certain areas. From the coach parking to castle, it is around 15 minutes' walk on flat road. You will be on your feet for approximately 3-4 hours today. Continue by road to Takayama, a journey of 1 hour and relax in the hot springs at your hotel.





Remark: Bring change of clothes just in case, there is a possibility of getting wet during the boat tour in Daio Wasabi farm

Matsumoto Castle can be difficult for older clients due to steep stairs and could be slippery at times.

Destination Information

Takayama – Boasting one of Japan's most atmospheric townscapes, the layout of Takayama dates back to the 17th century and is home to much Meiji architecture.

Matsumoto Castle – Known as the crow castle due to its dark black exterior, Matsumoto Castle dates back to the 16th century and is the oldest wooden castle in Japan.

Ishii Miso – Ishii Miso was founded in 1868 and is still producing miso, an essential ingredient in Japanese cuisine, by a unique traditional method.

Wasabi Farm – The Daio wasabi farm, one of Japan's largest wasabi farms, has multiple large fields with a network of small streams that constantly provides clear water to each wasabi plant.

Day 9: Explore Takayama

Head to the Miyagawa Open Air Market, where you can sample some of the delicious local fruits and vegetables (at your own expense). Also take a leisurely stroll around the traditional houses of the area. Next, visit the Yatai Kaikan, a museum and exhibition hall that displays traditional Japanese floats that are often used in festivals, and the Kusakabe Folk Crafts Museum. End the day at Takayama Jinya, a former Government office for nearly 300 years. You will be on your feet for approximately 4 hours today



Meals: B, L, D

Destination Information

Miyagawa Oper Air Market – Occurring each morning, there are a number of stalls selling fresh vegetables, local craft works and local food products.

Yatai Kaikan Exhibition Hall – Housing the floats from the Takayama Festival, which dates back to the 16th century, the Takayama Festival Floats Exhibition Hall is a great introduction to the cultural celebrations of Takayama.

Kusabe Folk Crafts Museum – Kusabe Folk Museum is a former house for a wealthy merchant named Kusakabe. The house is typical of the style during the Edo Period, with dark wooden beams and pillars.



Takayama Jinya – A former government office dating back to the Edo Period, Takayama Jinya is the only one of its type still remaining. The main work of the office was to handle legal cases and tax collection.

Day 10: Shirakawago & Kanazawa

Head to the UNESCO World Heritage Listed Shirakawago, famous for its traditional Gassho-Zukuri farmhouses, some of which are more than 250 years old. You will spend 1-2 hours on foot exploring the area. There are some stairs in the house if you want to explore the higher levels. Next, continue by road, a journey of around 1 hour to Gokayama and try your hand at making washi paper. Continue another 1.5 hours to Kanazawa, stopping by Nomura Samurai House enroute.



Destination Information

Kanazawa – Kanazawa is the capital of the Ishikawa Prefecture and is known for its beautiful samurai and geisha districts, as well as its stunning Kenroku-en Garden.

Shirakawago – Alongside Gokayama, Shirakawago is a UNESCO World Heritage site known for its unusual architectural style known as Gassho-Zukuri. The roofs of these houses are tilted at an almost vertical angle.

Washi Paper – Washi Paper is a type of Japanese paper made from the fibres of bark. This type of paper is commonly used in the art of origami.

Nomura Samurai Family House – Nomura Samurai Family House is a restored Samurai residence with a beautiful garden. Nomura was a high-ranked samurai of the Meiji Period.

Day 11: Kanazawa - Kyoto

This morning, visit the beautiful Kenrokuen Garden, which is one of the finest gardens in Japan, home to waterfalls, ponds and charming tea houses. After lunch, drive 4 hours to Kyoto, Japan's ancient capital, check in to your hotel and enjoy dinner at a local restaurant. You will be on your feet for approximately 1-2 hours today.

To book call 0800 936 3998 or visit your local travel agent

Meals: B, L, D

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Destination Information

Kenroku-en Garden – One of Japan's 'Three Great Gardens', Kenroku-en dates back to the early 17th century and is noticeable for its stunning beauty in all seasons.

Kyoto – Kyoto was the ancient capital of Japan for approximately 1,000 years until 1867 when it was moved to Tokyo. Many national treasures can be found in Kyoto and in nearby Nara, including old shrines and temples, screen paintings, beautiful gardens, and statues of Buddha.

Day 12: Kyoto

Enjoy a full day of sightseeing in Kyoto starting the day by visiting the spectacular Kiyomizu Temple. You will spend 1.5 hours on foot exploring the temple. Later, experience the age-old rituals of a traditional tea ceremony accompanied by a Tea Master. Due to the nature of the cultural experience, you will be required to remove your shoes before entering the venue. After lunch, visit the famous Fushimi Inari Shrine with its thousands of vermillion torii gates. You will walk up part of the mountain and the incline allows a steadypaced walk around 15 minutes with flat road and steps to reach tori gates. Due to the limited space of Fushimi Inari Shrine coach

parking, you may need to walk from coach parking for 15 minutes. You will be on your feet for approximately 3-4 hours today.

Destination Information

Kiyomizu – Meaning 'Pure Water Temple', the 16th century Kiyomizu Temple is one of the most celebrated temples of Japan and houses the Jishu Shrine dedicated to the deity of love. A highlight is Hondo's veranda which is perched over the hillside, offering spectacular woodland vistas.

Fushimi Inari Shrine (Taisha) – An important Shinto shrine in southern Kyoto, Fushimi Inari is most famous for its thousands of vermillion torii gates which form a network of tunnels around the main shrine buildings. The shrine itself is dedicated to Inari, the Shinto god of rice. There are many fox statues in the grounds of the shrine as foxes are thought to be Inari's messengers.

Day 13: Bullet Train to Hiroshima

Spend the morning further further discovering Kyoto's temples. Start the day at the famous Kinkakuji, also known as the 'Golden Pavilion' due to its gold-like exterior. Continue to Ryoanji, the 'Temple of the peaceful Dragon', a zen temple which boasts the most famous rock garden in Japan (please remove your shoes before entering this temple). Sightseeing on foot will be approximately 3-4 hours on foot today. After lunch, transfer to Kyoto Station and take the bullet train to Hiroshima, a journey of 1 hour 40 minutes.



To book call 0800 936 3998 or visit your local travel agent

Visit wendywutours.co.nz

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Please note: You will need to pack a smaller overnight bag for tonight as your main luggage will be transferred separately this morning to your Hiroshima hotel and arrive the next day.

Destination Information

Kinkakuji Temple (Golden Pavilion) – Kinkakuji Temple is a Buddhist temple and is an excellent example of Japanese garden design. The structure is a brilliant golden hue colour and is very minimalistic.

Ryoanji Temple – Ryoanji Temple is a Zen temple renowned for its garden, which features a dry, sand landscape with large rocks and smooth pebbles.

Hiroshima – An atomic bomb was dropped over Hiroshima on 6th August 1945, and the city's name became famous worldwide for this unenviable distinction. The destructive power obliterated nearly everything within a 2km radius. The city has been rebuilt and has risen phoenix-like from the ashes with destroyed sites of historical heritage reconstructed.

Day 14: Explore Hiroshima

Meals: B, L, D

Transfer to the Peace Memorial Park and Museum. Please be aware that the museum may be confronting and upsetting for some group members, and it is at your discretion if you wish to visit or enjoy time at leisure exploring the Peace Memorial Park. After lunch, take a short ferry ride to Miyajima Island, where sightseeing will be at a leisurely pace on foot. Visit Itsukushima Shrine and enjoy free time on Miyajima Island to explore the local streets or make the walk up to Daisho-in Temple. Later this afternoon, return by ferry and coach to your Hiroshima hotel for dinner. Sightseeing on foot will be approximately 3-4 hours on foot today

Destination Information

Peace Memorial Park and Museum – The Peace Memorial Park and Museum is one of the most prominent features of the city. The trees, lawns and walking paths are in stark contrast to the surrounding downtown area. Before the bomb, this area was the political and commercial heart of the city which is why it was chosen as the target. The museum focuses on the events of August 6th and the ensuing outcome for the residents.

Miyajima – Miyajima is a small island outside of Hiroshima. While officially named Itsukushima, the island is more commonly referred to as Miyajima, meaning 'Shrine Island'. This is because the island is well-known for its main attraction, Itsukushima Shrine, a giant torii gate, which at high tide seems to float on the water.



Day 15: Himeji to Osaka

Journey around 1.5 hours by coach to Himeji and explore the magnificent 17th Century Himeji Castle and the neighbouring Kokoen, a traditional-style garden. The castle is largely in its original condition, so please use common sense and be mindful of your step when strolling around. You will have to remove your shoes before walking along some of the wooden floors and there are some steep wooden steps to reach certain areas. You will be on your feet for 3-3.5 hours during the visit. After the reopening in March 2015, Himeji Castle has welcomed a large number of visitors. As such, they now issue numbered tickets to visitors in order to limit the number of people who can enter the Main Keep, reducing congestion, waiting time, and to protect the cultural properties. Please note that this



means that there may be cases where some visitors are not allowed to enter the Main Keep.

Also take a leisurely stroll through Kokoen Garden. Later, transfer approximately 1.5 hours to Osaka for your overnight stay.

Please note: There will be a substantial amount of walking today, including a large number of steps.

Destination Information

Himeji Castle – Widely considered Japan's most magnificent castle for its imposing size and beauty, the well-preserved Himeji castle is both a national and world heritage listed treasure. Himeji Castle has never been destroyed by war, earthquake or fire and survives to this day as one of the country's twelve original castles.

Koko-en Garden – Koko-en is a Japanese style garden consisting of nine separate, walled gardens designed in various styles of the Edo Period.

mecca, where you can sample delicious local delicacies. This afternoon, visit Osaka Castle. At Osaka

castle park, you will reach to the castle for 15 minutes' walk from coach parking on flat road.

Day 16: A Day in Nara & Osaka

Transfer by coach to Japan's former imperial capital Nara, a journey of approximately 1 hour. Visit Todaiji Temple, the world's largest wooden structure and home to Japan's largest Buddha. Also visit Isui-en Gardens, known for its natural ponds – sightseeing here will be about 3 hours on foot. Due to the congestion of Nara Park coach parking, you may need to walk from the coach parking to Nara park for 15 minutes on flat road. Continue to Osaka by coach, approximately an hour's drive.

On arrival, enjoy lunch in the vibrant Dotonbori District, a restaurant



Meals: B, L, D

To book call 0800 936 3998 or visit your local travel agent



Destination Information

Nara – Due to Nara's past as the first permanent capital, it remains full of historic treasures, including 8 UNESCO World Heritage Sites.

Todaiji Temple – A UNESCO World Heritage Site, Todaiji Temple is one the Seven Great Temples of Japan and is home to the world's largest bronze statue, Daibutsu.

Isui-en Garden – Isui-en is an attractive Japanese garden divided into two parts, a front garden and a rear garden, with a number of tea houses scattered throughout. The front garden dates back to the mid-17th century, while the rear garden, the larger of the two, was built in 1899 by a wealthy merchant.

Osaka Castle – Osaka Castle is one of Japan's most famous castles, known for sweeping views of the city from its hilltop perch. Construction began in 1583 by Toyotomi Hideyoshi, who intended the castle to become the centre of a new, unified Japan under his rule.

Dotonbori District – Historically a theatre district and still a popular entertainment area today, the Dotonbori district offer an eccentric and electric atmosphere

Day 17 - 18: Depart Osaka

This morning is free at leisure before transferring to the airport for your return flight home.

Please note: Only breakfast is included today. Late check-out is not included in our Best of Japan tour. If you wish to book a late checkout for your final day in Osaka, please contact our reservations department who can confirm the additional price and make this arrangement for you, subject to availability at the hotel.

Transfers: In the event that your flight departs outside of the majority group departure time, you will be transferred to the airport

by a shared coach (not with other Wendy Wu Tours passengers). If you are on a shared coach transfer, you may have to walk for a few minutes to get to the coach.



Meals: B



JAPAN - TRAVEL INFORMATION

VISAS:

Visas are not required for New Zealand passport holders for entry into Japan for stays of up to 90 days. Please be advised that your passport must have at least six months validity left on it when you arrive back into New Zealand.

At the time of booking Visa conditions may have changed, currently no visa is required for New Zealand Passport holders. Your travel consultant will inform you if any changes are applicable prior to your departure

INSURANCE:

We strongly recommend that you take out a policy as soon as you pay your deposit. Wendy Wu Tours cannot in any way be made liable for any additional cost incurred by the customer on any tour due to the customer not having adequate travel insurance.

We also encourage all customers to take a copy of their travel insurance documents (especially relevant international contact numbers) with them while on tour. We advise that you check the inclusions and procedures for lodging claims prior to your departure. These documents should be stored separately from the original

AIRPORT TRANSFERS:

As we offer our customers a variety of airlines to suit your needs, clients will arrive/depart in Japan at different times during the day. Depending on the number of customers arriving/departing on the same flight as yourself, the type of transfer to your hotel/airport will vary.

You will always be met on arrival by English-speaking staff and transferred all the way to your hotel either by:

- Direct shared bus (shared with other passengers, not just Wendy Wu Tours clients),
- Shared bus plus taxi from the nearest bus stop to the hotel (maximum 5 minutes' walk),
- Chartered coach (if there are more than 8 Wendy Wu Tours passengers arriving at the same time).

On the departure day, all passengers will be met by English-speaking staff at the hotel and transfer by one of the three ways as above. For those passengers using a shared bus or shared bus plus taxi to the airport, the guide services end when they drop you off at the bus stop, and you will need to check in at the airport on your own.

If you have paid extra for a private transfer, the above does not apply.



You will meet your national escort at the welcome dinner or, if arriving late, the following morning after breakfast at the welcome meeting.

Please ensure your Wendy Wu Tours luggage tag is visible on your suitcase/hand luggage, as this may also assist your guide in identifying you.

EATING IN JAPAN:

All meals (excluding drinks) are included in our fully inclusive classic group tours, from the group's arrival until the day of departure. On all Group tours, Extensions and Pre & Post Stays, no refund will be given for any meals missed due to your flight timings, or personal choice.

Japanese cuisine is delicious, colourful and healthy. It is based on combining staple foods, typically rice or noodles, with a soup and okazu — dishes made from fish, meat, or vegetables to add flavor to the staple food. These are typically flavored with dashi, miso, and soy sauce. Breakfast will mostly be buffet style but maybe a set menu. Your meal at lunch and dinner will likely be a pre-set option or bento box style including a combination of the following: rice and miso soup, noodles or fish and vegetables. It is also important to note that in local Japanese restaurants, it is customary for most meals to be served at room temperature and that it is sometimes customary to remove your shoes prior to entering a restaurant.

The schedule of meals is designed so that you can experience the local dishes, their individual flavours as well as the different ways they are prepared and cooked throughout Japan. Food is an important element of Japanese culture. It is a time for families and friends to come together and much of family life revolves around the dinner table. Most food is eaten with chopsticks so best get practicing as cultery is not always available at restaurants.

For your convenience, generally, at the end of a long travelling day your meal will be at the hotel restaurant or nearby local restaurant.

It is imperative that you clearly communicate any and all dietary needs when booking, and don't forget to reaffirm them during your welcome briefing with your tour guide. However, it is crucial to understand that local restaurants might face limitations in accommodating specific dietary requests, particularly in the cases of gluten-free, celiac, or vegan requirements. Please bear in mind that finding gluten-free options may not be as effortless as it is in New Zealand. Regrettably, we cannot assure that the food served will be entirely free from allergens.

Please read your travel guide, which you will receive with your final documents for more information about eating in Japan. We recommend that when it comes to Japanese food, you stay open minded and try to be adventurous!

TRANSPORT:

Coaches: Coaches with air conditioning are used on our group tours for city sightseeing, short excursions to the countryside and longer transfers where necessary. Roads in Japan are extremely well maintained and are comparatively smooth compared with the rest of Asia.



Bullet trains: Second class reserved seats are booked for our groups on bullet trains; there will be toilet facilities on board.

Due to the limited space on bullet trains, a separate luggage transfer service will be arranged for all suitcases (1 case per person). You will need to pack a separate overnight bag to carry on the train as your suitcase will not arrive until the following day after a bullet train journey. You guide will indicate when you will need to prepare for this throughout your tour.

TIPPING POLICY:

Although tipping in Japan is not customary, if you feel you have received an excellent service, please feel free to tip your guide at your discretion.

PORTERAGE:

Please be aware that porterage is not included on our tours in Japan. You will therefore need to be able to handle your own luggage within the hotel and when using transportation like trains and coaches.

ACCOMMODATION:

Your accommodation is selected for convenience of location, comfort, or character, and can range from a business hotel in one city to a family run guesthouse in a smaller town. In more remote areas, accommodation may be of a lower standard and may not have all western amenities. In the Fuji area, hotels tend to be more traditional in style and culture. In this area, you may be asked to take your shoes off at the door and store them in a secure locker – this is very traditional Japanese culture.

Hotels are generally rated as local three to four-star standard, but please note that there is no international classification system for hotels and differences in facilities and quality do exist between New Zealand and Japan.

Please note that in Japan, hotel rooms and bathrooms are renowned for being small. Standard single rooms are usually smaller than a standard double or twin room, contain one small double bed (or one single bed), and are designed for one person to use. All group tour hotels have private western bathroom facilities, air conditioning, TV and telephone. Hotels in Japan often do not have porters and you will be required to carry your own luggage. If you experience any difficulty, please speak to your National Escort/local guide. Rest assured that all hotels used by Wendy Wu Tours are regularly inspected by our staff and our partners to ensure that standards meet your needs.

LUGGAGE:

All travellers are limited to two items of luggage each: a suitcase with a maximum weight of 20kg and one piece of hand luggage with a maximum weight of five kilograms. It is essential that your luggage



is lockable. Please note that authorities will only allow bottles onto the aircraft if they have been checked in as main baggage. Bottles in hand luggage may be confiscated.

CLIMBING STEPS:

Sightseeing at nearly all the palaces, fortresses and some temples involves climbing quite a number of steps. These palaces were built to provide defence against potential invaders so nearly all of them stand on top of a hill, while the interiors have layers of narrow hallways and steps to slow down the advance of enemies once they were inside. The steps tend to be quite large, not level and sometimes without handrails. Buddhist temples or pagodas also tend to be built at an elevation, as this is the most auspicious position according to ancient beliefs. This means you sometimes need to walk from the bus park to the entrance, and/or need to climb some steps inside.

People with knee or hip injuries who have poor balance or are otherwise unable to complete these activities independently should consider the suitability of this itinerary carefully

DEVELOPMENT IN JAPAN:

Japan is a developed country and as such matches the west in modernity and technological advances. Japan is an extremely safe country and takes great responsibility in maintaining high safety standards.

CULTURAL DIFFERENCE:

Japanese society and culture are built on intricate social etiquette and customs. As foreigners, we are not expected to be knowledgeable about all etiquette, but it will make your time in Japan more enjoyable if you are respectful of local customs. Some examples of scenarios you may encounter include removing your shoes and hats when entering a temple or house (some restaurants as well). You may be supplied with slippers at some places, but please come prepared with plenty of spare socks, and shoes that are easy to take off for the fairly regular occasions when they must be removed. Your National Escort will advise you of some of these other customs at the beginning of your tour

GROUP SIZE:

Most of our groups consist of 10 travellers or more and will be accompanied by a national escort. There will usually be no more than 28 travellers in each group although you may encounter other Wendy Wu tour groups while you are travelling.

All our departures are guaranteed to operate with a minimum of 8 travellers booked (unless cancelled due to factors beyond our control). A national escort will accompany each group of 10 or more. However, at our discretion we may operate departures with a smaller group size as we try to operate advertised departures wherever it is viable to do so.



SOUVENIRS:

We want to be able to give you an opportunity to buy souvenirs, so we include some stops at museums or exhibitions which demonstrate a craft or product unique to that region with pieces available to buy. We understand that souvenir hunting is not for everyone, so we aim to take you to places, which hold local interest. We trust you will enjoy these opportunities to learn about local arts and crafts and understand their historical and cultural importance.

PERSONAL EXPENSES AND OPTIONAL TOURINGS:

Personal Expense - You will need to take some extra money to cover drinks, laundry and souvenirs, plus any additional sightseeing that may be offered to you.

Optional Tours - May be offered in each city you visit during your tour. These are not included in the standard itinerary and will only be available if time permits and if seats are available.

Please ensure you have additional funds available if you feel you may wish to participate in any extra activities. Each option will be arranged locally by your National Escort/Local Guide, participation and tipping for optional excursions is completely at your discretion.

VACCINATIONS AND YOUR HEALTH:

We recommend that you contact either your doctor or Health centre for advice on vaccinations and travel health. Safetravel has a comprehensive website that you may also find useful <u>www.safetravel.govt.nz</u>

BEFORE YOU LEAVE:

We strongly recommend registering your travel plans with <u>www.safetravel.govt.nz</u> as in the event of an emergency, New Zealand Consular assistance will be more readily available.

Up until the day you travel, it is vital you keep up to date and familiarised with the entry requirements as these can change at short notice. You are personally responsible for completing any entry forms, conducting any covid tests (if necessary), etc and adhering to countries' specific entry requirements.

You can also access the New Zealand Government's travel advisory service for up-to-date information about your destination on the same website.

AFTER YOUR BOOKING:

Once you have booked with Wendy Wu Tours, you will receive a confirmation along with a link to our website where you can find your visa information (if applicable) and other important information. Your final documentation pack will be sent to you approximately 2-3 weeks prior to departure.



ITINERARY CHANGES:

It is our intention to adhere to the day-to-day itinerary as printed; however, the order of events or sightseeing may change as we look to improve our tours or as local conditions dictate; in these circumstances we will make the best possible arrangements whilst maintaining the integrity of your trip.

Updated: Nov 2023